Jesus gently invites us to remember that, just like our enemies, we are also sinners in need of love and compassion.

"But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven." All three readings teach us how to witness to Christian love. As Christians, we are fully aware of the commandment to love all people including our enemies. However, since the modern standard of human relationships is mostly based on interests, we may be tempted to follow suit. Even if, in this environment, our enemies are supposed to be hated, in order to live as authentic Christians we need to be witnesses to the unconditional love of God, who always loves us even in moments when we isolate ourselves by sinful acts – either unconsciously or even when we are fully aware and bragging about it. Jesus gently invites us to remember that, just like our enemies, we are also sinners in need of love and compassion. After being aware of the hurt caused by them in our lives, we are called to wholeheartedly pray for them that they may change. At the same time, as we pray for them, we should also pray for the courage to love them just as Jesus Himself loves us though we are sinners.

Parish Priest: Msgr. Primus Jouil
Assistant Parish Priest: Fr. Jeffri Gumu
Deacon: Rhobby Aaron Mojolou
CAC: Fr. Wilfred Atin
IY & Carmelite Chaplain: Fr. Michael Modoit

Thoughts for Prayer (SHALOM)

Christianity's great commandment of love is already laid down in the Old Testament as the fundamental norm of living human and religious life. It is the way to become holy as Yahweh is holy. Jesus, however, broadens its extent and deepens its content to affirm its potency as the one and only anti-dote against evil in as much it breaks the vicious circle of evil repaid by evil.

MEETING OF THE PARISH COUNCIL
Parish Council will be meeting on February 24, 2014.

Notice

Sealing Of Church of Mary Immaculate, Bukit Padang Carpark
Quotations are invited for the sealing of the car-park of the Church of Mary Immaculate, Bukit Padang. Forms can be obtained from the Sacred Heart Cathedral and CMI offices during office hours. Closing date : 23rd February 2014. For further information please communicate with Catherine Engsun (017 - 823 1011).

Montfort Youth Training Centre (MYTC)
MYTC is looking for dynamic and creative leaders to fill in the following vacancies:
(i) Coordinator /Instructor
Applicant must possess at least SKM Level 3 in Refrigeration and Air-Conditioning Mechanics (Domestic) or Furniture making and 3 years of teaching.
(ii) Student Affairs Officer
Kindly submit your resumes either by email to mytcsa@gmail.com or fax to 088-755849.

Daily/Weekly Schedules

SACRED HEART CATHEDRAL (SHC)
Saturday
Confession (Chapel) : 4.30pm - 5.30pm
Rosary (English) : 4.40pm
Novena (English) : 5.05pm
Mass (English) : 6.00pm

Sunday
Chapel will be opened from 6.00am – 10.00pm
Mass (Mandarin) : 7.00am
Mass (English) : 9.00am

(Interpreted mass in Sign Language)
Mass (Bahasa Malaysia) : 10.45am
Holy Hour (Mandarin) : 8.00pm - 9pm
(2nd & 4th Week)
Monday – Saturday (Chapel)
Chapel will be opened from 5.00am – 10.00pm
Confession : 5.30am - 5.55am
Mass (English) : 6.00am
Rosary (English) : 6.30am
Holy Hour (Tuesday) : 7.30pm - 8.30pm
1st Friday Mass (English) : 7.30pm

CHURCH OF MARY IMMACULATE (CMI)
Saturday
Rosary (Mandarin) : 5.00pm
Novena (Mandarin) : 5.30pm
Mass (Mandarin) : 6.00pm

Sunday
Rosary (English) : 8.15am
Mass (English) : 9.00am
Mass (Korean) : 11.00am
SACERDOTAL ORDINATIONS
The priestly ordination of Deacon Mitchelly Klun will be on Wednesday, February 26th, 2014 at the Sacred Heart Cathedral at 7.00pm. Two days earlier Deacon Rhobby Aaron Mojolou will be ordained at St. Michael's Church, Penampang on Monday, February 24, 2014 at 7.00pm. Come and celebrate with them.

Closures of Facilities at the SHC Parish Centre
Sacred Heart Parish Centre will be closed from February 24th to 27th, 2014 (Monday-Thursday). This is to facilitate preparations for the upcoming ordination.

Baptism for Infants (Bahasa Malaysia)

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<tr>
<th>February 23rd, 2014</th>
<th>Baptism @ 3.00pm at SHC</th>
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Registration of attendance will start at 2.00pm. For information please call 223618, 224741 & 262068.

Senior Parishioners Gathering
The Senior Parishioners gathering will be held this Sunday, February 23rd, 2014 after the 9.00am English Mass at the Right Wing of the Parish Centre. Senior parishioners aged 55 and above are welcomed. It is free.

Life Teen Mini Bazaar
Life Teen will be organizing a mini bazaar on March 1st, 2014, after the sunset mass at the right wing of the parish hall. This is to raise fund for the Youth Camp from March 22nd to 24th, 2014 (details will be announced next week). For information, please call Deon Fletcher (Camp Coordinator) 016 8383 927 or Nelly M. (Life Teen Ministry Coordinator) 012 8388 148. Please do come and show your support.

Youth Mass / Gathering - YoUnite
Calling all Youths of Sacred Heart! You are invited to the parish’s Youth event: YoUNITE. Come and join us on March 2nd, 2014 to celebrate the Eucharist at 5.00pm, followed by dinner and fellowship and take part in the various Youth Ministries. Admission is FREE. For more information, contact Denis Tsen - 016 843 5133.

International Women’s Day Celebration
Theme: “God Entrusts the Human Race to the Woman”.
This will be celebrated on Saturday, March 8th, 2014 at the SHC complex, starting at 7.00am. This event is organized by the Women’s Commission of the Archdiocese of Kota Kinabalu. The one-day seminar, in 3 languages, will conclude with the Eucharistic Celebration and a closing dinner.

Fee is RM50. Closing date extended to February 28th, 2014. Forms are available at the Parish Office. For further information, please contact Anita Tunggolou 016-5881052 or Wendy Chin 016-8317287.

Seminar: Journeying with St. John of the Cross
“Journeying with St. John of the Cross through his Writing” seminar will be organized by the Secular Carmelites (OCDS) on March 11th – 15th, 2014, from 7.30pm to 9.45pm (except Saturday: 9.30am to 4.00pm) at the Parish Centre, room F8. Speaker is Fr. Gregory D’ Souza, OCD. Fee is RM50.00 per head. Closing date is March 3rd, 2014. Contact: Matthew 016-8395337, Datin Celestine 019-8805393.

Ash Wednesday
Ash Wednesday falls on March 5th, 2014. It is a day of penance for the whole Church in Roman Rites, to be marked by fasting and abstinence from meat. Mass schedules are as follows:

<table>
<thead>
<tr>
<th>March 4th, 2014 (Tues)</th>
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<tbody>
<tr>
<td>SHC</td>
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<td>CMI</td>
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<td>St. Paul, Dontozidon</td>
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<td>Our Lady Queen of Peace, Kobusak</td>
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<tr>
<th>March 5th, 2014 (Wed)</th>
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<tbody>
<tr>
<td>SHC</td>
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<tr>
<td>St. Paul, Dontozidon</td>
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<tr>
<td>Carmel</td>
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Important Notice on Traffic, Parking & Seating Control during Ash Wednesday
In view of the huge crowd expected for Ash Wednesday on March 4th, 2014 (masses at 5.30pm and 7.30pm), parishioners are urged to follow instructions from the Traffic & Security Stewards on parking of vehicles and instructions from Wardens on seating arrangements in the Cathedral for parishioners’ mutual benefit.

The parking spaces at the former St. Francis Convent Primary site will be closed for the BM language mass at 5.30pm. This is to provide parking spaces for parishioners who will be attending the English language mass at 7.30pm while allowing the BM mass attendees to exit smoothly.

Recollection for SHC Choir Groups
This Recollection for all SHC choir groups (Eng, BM, Chinese for weekend masses, funerals and weddings) will be held on Saturday, March 15th, 2014 at room F7, SHPC from 7.30am to 1.00pm. Choir group leaders are requested to submit name lists of their members to Joanna Chong, email: joanadette@gmail.com and c.c. to mmar217@yahoo.co.uk or to SHC Parish Office (Fobby) before March 3, 2014.

Children’s Lenten Holy Spirit Camp 2014
—“Mighty Saviour” (Zep 3:17)
A special Lenten Camp for children will be held on March 25th to 27th, 2014 at Sacred Heart Parish Centre (Holiday Day Camp). Camp Fee is RM 40.00. Forms are available at the Parish Office. Closing date for the registration is 16 March 2014. Registration counter will be available at SHPC before & after Sunday 2nd Mass starting at 23 Feb. This camp is organized by The RA Children Ministry of the LJCCC. All children of Primary 2 to 6 are welcome to join this camp. For further information please contact Christine Liew (012-8293383) or Margaret Lee (012-8244888)

Blood Donation Campaign
SHC Charity Ministry will be co-organizing a blood donation drive on Sunday, March 23rd, 2014 from 8.00am to 1.00pm in room G1 at the Parish Center. Staff from QEH Blood Bank will be on hand to oversee the donation effort.

SHC Parish Bookshop
Titles available at our Bookshop include:-
1. “Truth Corrects Distortion” by Fr. Charles Chiew (RM15.00)
2. “30 Days to a Better Self-Awareness” by Derek Chong (RM21.00)
3. “Folklore & True Tales from Sabah” by Theresa Chung (RM18.00)
4. “Jangan Lagi Baca Ini Buku Bah”, by Fr. Nicholas Stephen (RM10.00)
5. Pope’s calendars at 50% discount: wall @ RM9.00, Table @ RM5.00, Mini @ RM3.50

Please get these recently released titles/calendars from our Parish Bookshop if you haven’t already got them.

Sunday Collections (Feb 15th & 16th, 2014) (in RM)
SHC Black Bag (18,409.10), Red Bag (12,973.50); CMI Black Bag (6,279.00), Red Bag (4,906.00).