Liturgy Of The Word

First Reading : 1 Kings 19:9-11-13
Responsorial Psalm : Let us see, O Lord, your mercy and give us your saving help.
Second Reading : Romans 9:1-5
Gospel : Matthew 14:22-23

Thoughts for Prayer SHALOM

Elijah and Peter experienced much hardship in their lives. But difficulties and afflictions, of themselves, do not help people see God. It is only in the quiet breeze, not in the earth-shaking forces, that Elijah hears God. When Peter pays attention to the storms surrounding him, he sinks. It is only when his gaze is on Jesus can he walk on water.

In the quiet moments after a hard day’s work, Jesus goes alone to the mountain to pray. Sometimes he sometimes fails him, is saved by the Lord. Master’s word, later though his faith impels Paul to be ready to suffer Christ himself, if that would help the people of Israel to believe and come to be saved. Peter believes and dares to walk over the waves at his Master’s word, later though his faith fails him, is saved by the Lord.

May God be blessed!

Next Week’s Reading

20th Sunday of Ordinary Time
Psalter Week VI – Year A
1st Reading: Isaiah 56:1-6-7
Respons. Ps 66:2-3.5-6.8
2nd Reading: Romans 11:13-15.29-32
Gospel: Matthew 15:21-28

Notices

Sunday
Saturday
Tuesday
Monday
Thursday
Wednesday

Parish Priest: Msgr. Primus Jouil
Assistant Parish Priest: Fr. Jeffri Jouil
Fr. Rhobby Aaron Mojolou
CFC: Fr. Wilfred Atin
IY & Carmelite Chaplain: Fr. Michael Modoit

Sacred Heart Cathedral
14B, Jalan Mentari
(Off Jln. Tengku Abdul Rahman, 88000 Karamunsing)
P.O. Box 10049, 88000 Kota Kinabalu, Sabah.
Tel: 088-224741, 223618, 262068
Fax: 088-224456
E-Mail Address: shtparishoffice@gmail.com
Office Hours: Mon-Fri 8.00am - 4.30pm; Sat 8.00am-12.00pm

Church of Mary Immaculate
Jalan Kolam, Bukit Padang, Kota Kinabalu, Sabah.
P.O. Box 21283, 88770 Layang, Sabah.
E-Mail Address: cmikik@gmail.com
Tel / Fax: 088-244345 (Please call)
Office hours: Mon - Fri 8.00am - 3.00pm; Sat 8.00am - 12.00pm

SACRED HEART CATHEDRAL (SHC)

Saturday
Confession (Chapel) : 5.00pm - 7.00pm
Rosary (Mandarin) : 5.00pm
Novena (English) : 5.00pm
Mass (English) : 6.00pm
Mass (Mandarin) : 7.00am
Confession (Chapel) : 5.00pm
Rosary (Mandarin) : 5.00pm
Mass (Mandarin) : 6.00am
Holy Hour (Mandarin) : 7.00am
Holy Hour (English) : 7.00am
Holy Hour (Mandarin) : 7.00am
Holy Hour (English) : 7.00am

Sunday
Chapel will be opened from 6.00am – 10.00pm
Mass (Mandarin) : 7.00am
Mass (Mandarin) : 8.00am
Mass (Mandarin) : 9.00am
Mass (Mandarin) : 10.00am
Mass (Mandarin) : 11.00am
Mass (Mandarin) : 12.00am
Mass (Mandarin) : 1.00pm
Mass (Mandarin) : 2.00pm
Mass (Mandarin) : 3.00pm
Mass (Mandarin) : 4.00pm
Mass (Mandarin) : 5.00pm
Mass (Mandarin) : 6.00pm
Mass (Mandarin) : 7.00pm
Mass (Mandarin) : 8.00pm
Mass (Mandarin) : 9.00pm
Mass (Mandarin) : 10.00pm
Mass (Mandarin) : 11.00pm
Mass (Mandarin) : 12.00am

CHURCH OF MARY IMMACULATE (CMI)

Saturday
Rosary (Mandarin) : 5.00pm
Novena (Mandarin) : 5.30pm
Mass (Mandarin) : 6.00pm

Sunday
Rosary (Mandarin) : 8.15am
Mass (English) : 9.00am
Mass (Mandarin) : 11.00am

Daily/Weekly Schedules

19th Sunday of Ordinary Time
Psalter Week III - Year A
August 10th, 2014

May God be blessed!
Diaconate Ordination
This is to announce that Seminarian Abel Madisang will be ordained a deacon on Monday, September 1st, 2014 at 10.00am at the Sacred Heart Cathedral. It’s a public holiday, come and celebrate. Pray for him.

Assistant Priest on Leave
Rev. Jeffri Gumu will be on leave from August 7th to September 7th, 2014.

Feast of the Assumption of the Blessed Virgin Mary (Day of Obligation)
Assumption masses will be celebrated as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Venue</th>
<th>Time</th>
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<tbody>
<tr>
<td>14/8/2014</td>
<td>SHC</td>
<td>7.30pm (English)</td>
</tr>
<tr>
<td></td>
<td>CMI</td>
<td>7.30pm (Mandarin)</td>
</tr>
<tr>
<td></td>
<td>St. Paul Dontozidon</td>
<td>7.30pm (Kadazan)</td>
</tr>
<tr>
<td></td>
<td>Our Lady Queen of Peace</td>
<td>7.30pm (Kadazan)</td>
</tr>
<tr>
<td>15/8/2014</td>
<td>SHC</td>
<td>6.00am (English)</td>
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<tr>
<td></td>
<td>St. Paul Dontozidon</td>
<td>6.30am (English)</td>
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<tr>
<td></td>
<td>Carmelite</td>
<td>6.30am (English)</td>
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</tbody>
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Sabah Catholic Teachers’ Seminar 2014
Theme: “What’s the Difference”
Date: August 15th-17th, 2014 (Fri-Sun)
Venue: Pace Bene, Papar
Speaker: Deacon Dr. Sherman Kuek
Fees: RM150 (Food, lodging & workbook)

A Awareness of Billings Ovulation Methods (BOM)
According to Church Teachings
Dr. Chan Lek Lim, President of the Natural Fertility Awareness Service of Malaysia (NFASM) and Associate Director of WOOMB International, will be in KK to hold the following sessions:

“How BOM can help couples facing infertility”
*Who should attend? Women who wants to find out if they are having normal cycles with ovulation; irregular cycles, difficulty in conceiving; those with family history of diabetes; husbands, fiancée, friends.

August 15th, 2014 (Fri)
7.30pm - 10.00pm @ F7, SHPC
Free Consultation

August 17th, 2014 (Sun)
2.00pm - 4.00pm Free consultation

Infant Baptism

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Aug. 17th, 2014</td>
<td>Briefing @ 3.00pm at SHC Regn. deadline is 14/8/2014 (Thu)</td>
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<tr>
<td>Aug. 24th, 2014</td>
<td>Baptism @ 3.00pm at SHC</td>
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<tr>
<td>Sept. 14th, 2014</td>
<td>Briefing @ 3.00pm at SHC Regn. deadline is 11/9/2014 (Thu)</td>
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<tr>
<td>Sept. 21st, 2014</td>
<td>Baptism @ 3.00pm at SHC</td>
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Mass for Students for PMR/ SPM/ STPM 2014
This Mass will be held on Friday, August 22nd, 2014 at 12.00pm at the Cathedral. All students who are preparing for exams are invited to attend. For information please call Catherine Lee Moey at 239989.

Senior Parishioners Gathering
The Senior Parishioners gathering will be held on Sunday, August 24th, 2014 after the 9.00am English Mass at the Right Wing of the Parish Centre. Senior parishioners aged 55 and above are welcomed. It is free.

YoUnite - Mass, Fellowship, Gathering
Calling all Youths of Sacred Heart! You are invited to the parish’s Youth Event: YoUnite! Come and join us on Sunday, August 31st, 2014 to celebrate the Eucharist at 4:30pm, followed by dinner at Right Wing, and spend time in adoring God in F6 & F8 at 7:30pm. Admission is FREE! For more information, contact Nelly Majain (012 838 8148) and Aubrey Bidi (016 588 0318).

Pre-Marriage Course (PMC)

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
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<tbody>
<tr>
<td>Oct 9th-10th, 2014 (Thu-Fri)</td>
<td>B.M. (Regn deadline: 3/10/14)</td>
<td>F7, SHPC @ 6.30pm onwards</td>
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<tr>
<td>Oct 11th, 2014 (Sat)</td>
<td>B.M. (Regn deadline: 3/10/14)</td>
<td>F7, SHPC @ 8.15am-4.30pm</td>
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Café Nights
LifeLine Young Adults and College Students ministry will be organizing Café Nights at the SHPC canteen at 7.00pm on Saturdays, August 23rd, 2014 & September 6th, 2014. This is to raise fund for the upcoming LifeLine Ministry annual BreakThrough camp this year with the theme “AWAKENING” and to support participants who are in need of financial support to join this camp. Please support them.

Movie of the Month: “Son of God”
This movie will be shown this Sunday, August 10th, 2014 at 7.30pm at the SHPC Hall. All are welcome.

Divine Mercy Devotion

<table>
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<tr>
<th>Time</th>
<th>B.M.</th>
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<tbody>
<tr>
<td>2.15pm-3.45pm</td>
<td>Sunday (1st &amp; 2nd week) at 1.30pm - 2.40pm</td>
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Illegal Vendors
There are illegal vendors coming into the Church compound to sell religious pictures etc. Please refrain from supporting them and inform our personnel of their presence to curb their activity.

Vacancy in Montfort Youth Training Centre – Wielding Workshop Coordinator
Requirements:
1. Diploma in Wielding from CIAST or other recognized institution
2. At least 3 years working experience in supervisory management
3. Ability to read, write & speak English is an advantage
4. Having a VTO Certificate and teaching / instructing is an added advantage

Interested candidates must have interest to work with youth. Please write in with resume to: MYTC, P.O. Box 612, 89507 Penampang. Tel: 755811 Fax: 755849 Email: mytcsa@gmail.com

Recyclable Items
Sales of recyclable items collected at the Parish Centre basement bins for July 2014 amounted to RM777.50.

Sunday Collections (August 2nd & 3rd, 2014) (in RM)
SHC Black Bag (17,355.25), Red Bag (12,894.85); CMI Black Bag (5,955.00), Red Bag (4,377.00).