Thoughts for Prayer SHALOM

The prophet Isaiah reveals God’s promise to us, a wonderful banquet which will be a symbol of salvation. The Psalmist sees this promise as already fulfilled: “You have prepared a banquet for me in the sight of my enemies.” Every good gift from God, especially the gifts of peace and well-being and protection from all enemies, was to some extent a realization of that promised banquet. The Psalmist’s words are even more true of us. At the Last supper, when Jesus faced death, which St. Paul calls “the last enemy” (1 Cor 15:26), he prepared the banquet of the Eucharist for us in the presence of all our enemies, so that, nourished by his Body and Blood, we would have the courage and strength to live as his good disciples, people who have placed all our hope in the Lord (Is 25:10). Our enemies are the many anti-religious and anti-Christian attitudes of secularism and relativism, whose blandishments and false values entice us and tempt us in so many ways. The can be summed up as self-indulgent passions and desires (Gal 5:24) and are the complete opposite of the gift of the Spirit.

Lord, by the gift of the daily Eucharist, keep us free from all our enemies, that we may be worthy to be both chosen and called to eternal life.

Parish Priest: Archbishop John Wong
Assistant Parish Priests: Fr. Jeffri Guru
Fr. Rhobby Aaron Mojilou
Deacon: Abel Madisang
CAC: Fr. Wilfred Atin
IY & Carmelite Chaplain: Fr. Rayner Bisius

For ancients, banquets, especially wedding banquets, were occasions of great joy, celebration and physical satiation. They served as good symbols of total well-being. Isaiah promises such an eventuality of a banquet prepared by Yahweh Himself for the people. Jesus speaks of a messianic banquet, though all the invited are found to be not disposed to take part in it. Others are, therefore, called to fill in their place; still, it is known that no one can partake in the banquet without preparation or coherency.

Sacred Heart Cathedral
14B, Jalan Menteng
(Off Jln. Tengku Abdul Rahamn, 8800 Karamunting)
P. O. Box 10049, 8800 Kota Kinabalu, SABAH.
Tel: 088-224741, 22618, 262068 Fax: 088-224068
E-mail Address: shparishoffice@gmail.com
Office Hours: Mon-Fri 8.00am - 4.30pm; Sat 8.00am-12.00pm

Church of Mary Immaculate
Jalan Kolam, Bulak Padang, Kota Kinabalu, Sabah.
P. O. Box 21283, 88770 Layang, Sabah.
Tel & Fax 088-244345 (Please call)
Office hours: Mon - Fri 8.00am - 3.00pm; Sat 8.00am - 12.00pm

SACRED HEART CATHEDRAL (SHC)

Sunday
Confession (Chapel) : 4.30pm - 5.30pm
Rosary (English) : 4.40pm
Novena (English) : 5.05pm
Mass (English) : 6.00pm

Mass (Mandarin) : 7.00am

Mass (English) : 9.00am

(Interpreted mass in Sign Language)
Mass (Babasa Malaysia) : 10.45am
Holy Hour (Mandarin) : 8.00pm - 9pm
(2nd & 4th Week)

Monday - Saturday (Chapel)
Confession : 5.00am – 10.00pm
Mass (Mandarin) : 7.00am
Mass (English) : 9.00am

Sacred Heart Alpha 10th Anniversary Celebration
Sacred Heart Alpha will be celebrating its 10th Anniversary with a dinner at Hakka Hall on Monday, November 24, 2014 at 6.30pm. Tickets at RM50.00 per head and T-shirts at RM30.00 are available. Contact: Michelle (016-8202840) & Lucy (016-8302880). Let’s get together and celebrate God’s love!

Catholic Family Life Service Centre
Call 013-8612088 for a counselling appointment.

Daily/Weekly Schedules

Sacred Heart Of The Word

First Reading : Isaiah 25:6-10
Responsorial Psalm : In the Lord’s own house shall I dwell for ever and ever.
Second Reading : Philippians 4:12-14:19-20
Gospel : Matthew 22:1-14

Next Week’s Reading
29th Sunday of Ordinary Time (World Mission Sunday)
Psalter Week I – Year A
1st Reading: Isaiah 45:1-4-6
Respons. Ps 95:1-3.5-7.10
2nd Reading: 1 Thessalonians 1:1-5
Gospel: Matthew 22:15-21

Notices

Life in the Word Retreat 2014
“RESTORING CALM & PEACE” is the theme chosen for this year’s retreat. Rev. Fr. Eugene Vaz, from the Archdiocese of Singapore, will conduct the Retreat to help us to prepare for a meaningful Advent. He will provide simple activities that promote calm, offer a meditative area where we may pray or simply sit and be at peace and encourage us to take walks, read or just enjoy the company of others in the retreat. On top of that, space is also provided for personal reflection.

Fees: RM 100.00 (Accommodation & food). All are welcome.

Sacred Heart Cathedral

k6U8AW8s.png

CHURCH OF MARY IMMACULATE (CMI)

28th Sunday of Ordinary Time
Psalter Week IV - Year A
October 12th, 2014

Parish Priest: Archbishop John Wong
Assistant Parish Priests: Fr. Jeffri Guru
Fr. Rhobby Aaron Mojilou
Deacon: Abel Madisang
CAC: Fr. Wilfred Atin
IY & Carmelite Chaplain: Fr. Rayner Bisius

For ancients, banquets, especially wedding banquets, were occasions of great joy, celebration and physical satiation. They served as good symbols of total well-being. Isaiah promises such an eventuality of a banquet prepared by Yahweh Himself for the people. Jesus speaks of a messianic banquet, though all the invited are found to be not disposed to take part in it. Others are, therefore, called to fill in their place; still, it is known that no one can partake in the banquet without preparation or coherency.

Thoughts for Prayer SHALOM

The prophet Isaiah reveals God’s promise to us, a wonderful banquet which will be a symbol of salvation. The Psalmist sees this promise as already fulfilled: “You have prepared a banquet for me in the sight of my enemies.” Every good gift from God, especially the gifts of peace and well-being and protection from all enemies, was to some extent a realization of that promised banquet. The Psalmist’s words are even more true for us. At the Last supper, when Jesus faced death, which St. Paul calls “the last enemy” (1 Cor 15:26), he prepared the banquet of the Eucharist for us in the presence of all our enemies, so that, nourished by his Body and Blood, we would have the courage and strength to live as his good disciples, people who have placed all our hope in the Lord (Is 25:10). Our enemies are the many anti-religious and anti-Christian attitudes of secularism and relativism, whose blandishments and false values entice us and tempt us in so many ways. The can be summed up as self-indulgent passions and desires (Gal 5:24) and are the complete opposite of the gift of the Spirit.

Lord, by the gift of the daily Eucharist, keep us free from all our enemies, that we may be worthy to be both chosen and called to eternal life.
Month of Holy Rosary
Holy Rosary will be recited in the Blessed Sacrament Chapel led by Church groups (check schedule on notice board) as follows:

<table>
<thead>
<tr>
<th>Monday &amp; Wednesday</th>
<th>7.30pm (Bahasa Malaysia)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday &amp; Friday</td>
<td>7.00pm (English)</td>
</tr>
<tr>
<td>Thursday &amp; Sunday</td>
<td>7.30pm (Mandarin)</td>
</tr>
</tbody>
</table>

For information please call SHC Parish Office 223618, 224741, 262068.

CMI Youth Fellowship
The CMI Youth Ministry is hosting an informal Youth Fellowship on October 12th, 2014 after Sunday mass at the CMI canteen. All youths aged 15 years and above are invited to join this gathering to get to know each other and be more involved in church activities.

Seminar on the Social Teachings of the Church
Theme: “The Joy of the Gospel”
This seminar is organized by the Archdiocesan Human Development Commission, to foster awareness on the Social teaching of our Church. Brother Rogers will be the guest speaker. Walk-in registration and fees is RM20.00 per person. Open to all parishioners.

First Holy Communion 2014
Candidates from English / BM Faith Formation will be receiving their First Holy Communion on Saturday, October 25th, 2014 at 6.00pm (Sunset Mass) and Sunday, October 25th, 2014 (Mass in BM) respectively.

Candidates are required to attend the interview as follows:

<table>
<thead>
<tr>
<th>Oct 15th, 2014</th>
<th>7.00pm</th>
<th>Room F1,F2,F4-English Room F6,F12-BM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Confession compulsory for all candidates</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Pre-Marriage Course (PMC)
The PMC (English) on Wednesday, November 5th, 2014 will be a walk-in registration.

Parish Monthly Movies
Organized by SHC Parish Social Communication Committee (SOCCOM)

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Title</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oct 23rd, 2014</td>
<td>Baptist @ 3.00pm at SHC</td>
<td></td>
</tr>
</tbody>
</table>

Parents, please register your child at the SHC Parish Office during office hours. Bring along originals and copies of your Church marriage certificate, child’s birth certificate and confirmation certificate of godparent. For information, please call Tel: 223618, 224741, 262068.

SHC Chinese Prayer Group Celebrate 30th Anniversary
The Chinese Prayer Group will be holding a Healing Rally, Life in the Spirit Seminar and Thanksgiving Dinner from October 23rd to 26th, 2014, with guest speaker Sr. Soon of Putri Karmel, Tambunan. Parishioners are invited to support and participate in this celebration. For information please call Mark Chin 016-8331683 or John Wong 017-8118119.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>23/10/14</td>
<td>7.00pm-10.30pm</td>
<td>CMI Healing Rally</td>
</tr>
<tr>
<td>24/10/14</td>
<td>9.00am-10.00pm</td>
<td>Seminar</td>
</tr>
<tr>
<td>25/10/14</td>
<td>9.00am-3.15pm</td>
<td>Seminar</td>
</tr>
<tr>
<td>26/10/14</td>
<td>8.00pm-10.00pm</td>
<td>Thanksgiving Dinner</td>
</tr>
</tbody>
</table>

Advent-Christmas Family Visit (Caroling) 2014
All caroling groups are requested to organize themselves and start practicing as soon as possible. We encourage more groups to be formed this year. We are also facing shortages of Guitarists. We need volunteers. We will arrange for some practices. Please contact the Parish Office (Johnny Chong) Tel: 224741, 262068 to register your interest.

Sacrament of Marriage
Couples who wish to get married either at the Sacred Heart Cathedral or Church of Mary Immaculate, Bukit Padang are required to meet with the Parish Priest at the SHC Parish Office at least 4 months prior to the proposed date of marriage. Couples please take note, the date of marriage can only be decided at the Pre-nuptial Interview with the Parish Priest and NOT before.

Mission Sunday
Collections during Sunset and Sunday masses on October 18th & 19th, 2014 (Sat & Sun) will be sent to the Archdiocese Office for propagation of faith. Please donate generously.

Sunday Collections (October 4th & 5th, 2014) (in RM)
SHC Black Bag (18,736.50), Red Bag (13,616.15); CMI Black Bag (4,998.00), Red Bag (4,083.00).