Thoughts for Prayer SHALOM

In daily life, we may adopt attitudes and forms of behaviour which are, unfortunately, against the divine law. Moreover, oftentimes, we fail to understand that we have a great responsibility to eradicate them. We need always to examine our conscience in order to discover where in our lives we need to become better Christians. The divine law, as manifest in the Ten Commandments, calls us to live our lives according to God’s percepts. However, even as we fail to live out these principles fully, Jesus is always lovingly and gently calling us to repent. It is up to us to be aware of the bad spirits in us and come to the confessional to ask for forgiveness. Jesus will always be there to rescue us. The simple secret is that we free ourselves and let those habits or attitudes that bind us up and preclude us from seeing the Lord, shout out: “What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are – the Holy One of God!” Only in this way will we experience the fruit of our salvation and give the best of ourselves in bringing the good news to the whole world.

Lord, Prince of Peace, grant us, we pray, the grace of humility to confess our sins.
Weekly Vespers and Holy Hour
Please be informed that effective this year, the weekly evening prayers and Holy Hour at the SHC will be held on every Thursday from 7.00pm to 8.30pm. All parishioners are encouraged to attend, especially leaders of Groups, communities and ministries. As usual the Parish Centre will be closed during these Vespers and Holy Hour and will only be opened at 8.30pm.

Divine Mercy Devotion

<table>
<thead>
<tr>
<th>Language</th>
<th>Time</th>
<th>Venue</th>
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</thead>
<tbody>
<tr>
<td>English</td>
<td>Every Saturday, 2.15pm -3.45pm</td>
<td>B1, Lower Gr. Floor (New Meeting Room)</td>
</tr>
<tr>
<td>BM</td>
<td>Sunday (1st &amp; 2nd week), 1.30pm-2.40pm</td>
<td>B4, Lower Gr. Floor</td>
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Senior Parishioner Gathering
The Senior Parishioner gathering will be held on Sunday, February 8th, 2015 after the 9.00am English Mass at the Right Wing of the Parish Centre. Senior parishioners aged 55 and above are welcome. It is free.

Ash Wednesday
This year Ash Wednesday falls on February 18th, 2015, being the eve of Chinese New Year. Therefore, Ash Wednesday will be observed on Friday, February 20th, 2015. It is a day of penance for the whole Church in Roman Rites, to be marked by fasting and abstinence from meat. Mass Schedules are as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
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</thead>
<tbody>
<tr>
<td>February 20th, 2015 (Fri)</td>
<td>8.00am</td>
<td>English</td>
</tr>
<tr>
<td>February 20th, 2015 (Fri)</td>
<td>10.30am</td>
<td>B.M.</td>
</tr>
<tr>
<td>March 7th, 2015</td>
<td>8.00am</td>
<td>Kadazan</td>
</tr>
<tr>
<td>March 7th, 2015</td>
<td>10.00am</td>
<td>Kadazan</td>
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Mass at 12.00 noon
There will be Mass at 12.00 noon at the Blessed Sacrament Chapel on every Friday during Lent, starting from February 13th, 2015.

Way of the Cross
The first Way of the Cross service will be held on Friday, February 27th, 2015 at 6.00pm (in BM, English, Chinese) at the Centenary Cross Monument.

Registration for New Catechumens and Faith Formation (at SHC Parish Centre)
Language Category Time Venue Contact
- Chinese (RCIA & CIC) Children, 7 years - above & Adults 7.45am - 9.30am Room F7 Peter Chang 016-8107396
- English (RCIA) Adults (15 years - above) 9.00am - 12.00pm Room F7 David Tan 019-8601699
- English (CIC) Children, 7-14 years old 9.30am - 11.00am Room F6 Regina Sult 012-8289791
- B. M'sia (RCIA & CIC) Children, 7 years - above & Adults 9.00am - 10.00am Room F6 Richard Angkis 019-8304433
- English (Faith Formation) Children, 7-15 years 7.45am - 8.45am SHPC Hall Gregory Matanjun 013-857188
- BM (Faith Formation) Children, 7-15 years 9.00am - 10.00am SHPC Hall Peter Sukiing 016-8277531
- Chinese (Faith Formation) Children, 7-15 years 8.30am - 9.30am SHPC Hall Catherine Wan 013-8851517

Vacancy for Supervisor
Applications are invited to fill the above position at Church of Mary Immaculate, Bukit Padang. Kindly send your resume to CMI Parish Office, tel. no. 244345 during office hours before February 15th, 2015. Only shortlisted applicants will be called for interview.

Sunday Collections (Jan 24th & 25th, 2015) (in RM)
SHC Black Bag (17,908.10), Red Bag (13,290.90); CMI Black Bag (6,400.50), Red Bag (4,911.45).