In the First Reading, Amos tells of his simple background. He was once a shepherd and tree dresser. But he discerns that God asks him to follow a new vocation – ‘Go, prophesy to my people.’ With God on his side, Amos is free to go wherever God’s people are and prophesy to them. He preaches briefly, with fine, rural imagery to the Israel living amid their wealth, corruption, perversion of justice and external religion.

The Gospel reading shows Jesus missions the Twelve to proclaim repentance and to cure. He preaches briefly, with fine, rural imagery to the Israel living amid their wealth, corruption, perversion of justice and external religion.

Thoughts for Prayer SHALOM

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The Gospel reading shows Jesus missions the Twelve to proclaim repentance and to cure. He preaches briefly, with fine, rural imagery to the Israel living amid their wealth, corruption, perversion of justice and external religion.

Lord, form me into a worthy missionary. Amos and the Twelve, pray for us!
Recollection for Lectors & Commentators
There will be a recollection for lectors and commentators from all language groups serving in SHC and CMI. They are required to attend this Saturday, July 11th, 2015 from 8.00am to 1.00pm at Room F7, SHPC.

Seminar on Healing & Transformation of Marriage & Family Life
This will be held on Thursday, July 16th, 2015 starting at 7.30pm, up to July 18th, 2015 at the SHPC. Contribution fee: RM10.00 per person. For inquiries please call LJCCC Office 718817 or SHC Parish Office 223618, 224741 & 262068. Come & experience a refreshing time of healing & blessing!

Pre-Pax Consultation & Discernment Workshop
This is the initiative taken by the Archdiocese to obtain discernment from grassroots of all different language speaking parishioners throughout the Diocese to plan the future direction of the Church. All Parish groups are kindly requested to nominate 5 or more of its members to participate in this workshop on Saturday, July 18th, 2015 at the SHPC from 8.00am to 12 noon. Hence the future of our Church depends on our contribution during the workshop. Other parishioners who are not in any Parish group are also invited to attend. Please register at the SHC Parish Office before July 14th, 2015.

St. Joseph’s Benevolent Fund
1. SJBF 29th Annual General Meeting
St. Joseph’s Benevolent Fund will be holding its AGM on Sunday, July 19th, 2015 at the SHPC Hall starting at 2.00pm. All members are invited to attend. Please bring along your name tags.

2. Immediate Vacancy for Administrative Assistant
Please apply in own handwriting, stating experience with resume, some accounting knowledge would be an advantage. New retiree may apply. only shortlisted candidate will be called. Please submit your application to the SJBF Chairman, Sacred Heart Cathedral, K.K.

Senior Parishioners Gathering
Date/Time: Sunday, July 19th, 2015 after the 9.00am English Mass at the Right Wing, SHPC. Senior parishioners aged 55 and above are welcome. It is free.

A Biblical Walk Through the Mass - 2nd Round
This five-part video study by Dr. Edward Sri provides a unique tour of the timeless Liturgy. For those who wish to know more about our Catholic Mass (newly baptised are encouraged).
Beginning every Tuesday, from July 28th, 2015 for 5 consecutive weeks through August 25th, 2015, at 7.45 p.m. at Room F6, SHPC. The programme includes personal learning, small-group discussion and video presentations. Please register with James: 019-8512095; Monica: 012-8432547; SHC Parish Office: 224741, 223618. Contribution Fees: RM 30.00 (Registration plus Student Pack). All are welcome!

Come and Receive Gift of Faith
All of us want to have faith, because with faith Jesus can truly work miracles in our lives. Each time after Jesus has healed someone, He would say, “Go in Peace, your faith has saved you!” Come and receive this precious Gift of Faith, free of charge, at a series of catechises to be given at the Conference Room, above the Blessed Sacrament Chapel at the Sacred Heart Cathedral on Tuesdays and Fridays. The talks will start on Tuesday, July 21st, 2015 at 8.00pm. You are invited to bring family members and friends to the talks.

Sabah Youth Day 2016
In building up the anticipation for the Sabah Youth Day in 2016, the Parish will be officially receiving the cross and icon from August 1st to 8th, 2015. There will be nightly activities during the course of the week and to kick-start the celebrations, a welcoming ceremony will be held before and after the Sunset Mass on August 1st, 2015. All are welcome to join in this joyous celebration.

Alpha Follow-Up Series of 7 DVD Talks
“Knowing God Better” – by David Payne, Director of the Catholic Evangelization Services. A relaxed and fun series of talks, covering God's love, grace and forgiveness.

Chinese Teacher and Assistant Teacher required. Candidates should have a love and patience for children, be highly motivated and self disciplined. Requirements: SPM, below 40 years, fluency in English. Interested applicants are to apply in own handwritings and to submit to: The Headmistress, St. Francis' Kindergarten, Off Jalan Tenku Abdul Rahman, 88000 Karamunsing. Tel. 254323. Closing date: July 25th, 2015. Only short-listed candidates will be notified.

Infant Baptism

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Item</th>
<th>Title</th>
<th>Venue</th>
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</thead>
<tbody>
<tr>
<td>July 12th, 2015</td>
<td>Briefing</td>
<td>@ 3.00pm at SHC</td>
<td>Registration of attendance starts at 2.00pm</td>
</tr>
<tr>
<td>July 19th, 2015</td>
<td>Baptism</td>
<td>@ 3.00pm at SHC</td>
<td>English</td>
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Lucky Draw in Aid of the SHCWL & Seminarians’ Fund (June 28th, 2015)
Thank you to all parishioners for your generous support which has made the lucky draw a success. Please claim your prize from the SHC Parish Office within two months from June 28th, 2015. Call 223618, 224741, 262068 for information.

<table>
<thead>
<tr>
<th>Prize</th>
<th>Number</th>
<th>Date / Time</th>
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<tr>
<td>1st Prize</td>
<td>75079</td>
<td>July 27th to 29th, 2015 (Mon-Wed)</td>
<td>58609</td>
<td>July 27th to 29th, 2015 (Mon-Wed)</td>
<td>51075</td>
<td>July 27th to 29th, 2015 (Mon-Wed)</td>
</tr>
<tr>
<td>5th Prize</td>
<td>7938</td>
<td>July 27th to 29th, 2015 (Mon-Wed)</td>
<td>7938</td>
<td>July 27th to 29th, 2015 (Mon-Wed)</td>
<td>7938</td>
<td>July 27th to 29th, 2015 (Mon-Wed)</td>
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Parish Monthly Movies
Organized by SHC Parish Social Communication Committee (SOCOM)

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Title</th>
<th>Venue</th>
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<tbody>
<tr>
<td>July 12th, 2015</td>
<td>Maria Goretti</td>
<td>Room F7, SHPC</td>
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</tbody>
</table>

Sunday Donations (July 4th & 5th, 2015) (in RM)
SHC Black Bag (20,268.75), Red Bag (14,202.20); CMI Black Bag (7,409.95), Red Bag (6,238.05).