Liturgy Of The Word

First Reading : Isaiah 6:1-8
Responsorial Psalm : Before the angels I will bless you, O Lord.
Second Reading : 1 Corinthians 15:1-11

Next Week’s Reading
1st Sunday of Lent
Psalter Week I - Year A
1st Reading: Genesis 2:7-9, 3:1-7
Respons. Psalm 50:3-6, 12-14, 17
2nd Reading: Romans 5:12-19
Gospel: Matthew 4:1-11

Announcement

Registration for Sunday Faith Formation Ministry (English) sessions 2016

The registration is ongoing at the lobby of the SHPC at 7.45am every Sunday. A contribution of RM10.00 will be collected from each student. New students are required to produce photocopies of their Birth Certificates or Mykad and Baptism certificates. A RM10.00 will be collected from each student. New students are required to produce photocopies of their Birth Certificates or Mykad and Baptism certificates. A 

Parishioners are advised to contact Fr. Tony Mojiwat for ministry and spiritual guidance. The last day for registration is March 6th, 2016. Thereafter, registration for the year 2016 will be closed.

SHC Parish Bookshop
New Book entitled: NOISE

Available at SHC Parish Bookshop at RM25.00 each.

Thoughts for Prayer SHALOM

Isaiah was not too happy at being in the heavenly court. It was a terrifying place – marvelous, holy, and yet overpowering. He could hear the seraphs chanting praises to the holiness of God, and he knew that he was a sinful mortal and had no right to be there. Surely he was doomed! But God fixed everything; the seraphs purified him by touching his “unclean lips” with a burning coal. He was clean. When God asked who would be willing to go on His behalf, Isaiah responded with an eager declaration, “Here I am; send me!”

Peter had a similar experience. He heard Jesus preaching and teaching from his boat. Peter was a very holy man, perhaps a prophet! He begged Jesus to leave – merely being in his presence made him feel his humanity and sinfulness a little too keenly. Jesus would not hear of it – he even joked a bit. Since you are a fisherman, I will make you fish for people

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The catch of fish was enormous, and Peter was shocked and terrified. Obviously Jesus had called the right men for his mission. Peter, James, and John had given up everything to fish; now they were to give up everything to fish for people. Peter saw what he was doing as a bet. If he was going to receive nothing, he might as well try for the whole works. But Jesus said he would get all he needed, and more.

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The evangelist Luke connects the calling of the first apostles with a miraculous catch. Christ offers a sign to his disciples, who are now called to commit their lives radically. There are three significant elements: first, the role of Simon Peter who appears as the future leader of the group; secondly, the image that describes the apostolic ministry: fishers of men, a mission that is not mere propaganda but involves the call to conversion and deep commitment, third and last, the act of leaving everything to detach themselves completely from the past.

Lord, May I experience Your power in my weakness.
Mass for Chinese New Year
Mass will be celebrated on the morning of the first day of Chinese New Year, Monday, February 8th, 2016 at 8.00am at the Cathedral. There will be NO 6.00am morning Mass on that day.

Mass on Our Lady of Lourdes World Day of the Sick
There will be a Mass on Thursday, February 11th, 2016 at 9.00am at the Cathedral and anointing of the sick. Parishioners who have family member who is sick are invited to bring them for this Mass. Thereafter, there will be fellowship at the SHC Parish Office at 223618, 224741, 262068, to arrange for priest’s visit to the homebound.

ASH WEDNESDAY
Ash Wednesday falls on February 10th, 2016. It is a day of penance, to be marked by fasting and abstinence from meat. Mass schedule is as follows:
- SHC 6.00am English
- SHC 12.00 noon English
- CMI 7.30pm BM
- St. Paul, Dontozidon 7.30pm Kadazan
- Our Lady Queen of Peace, Kobusak 7.30pm Kadazan
- St. John, Kopungit 7.30pm Kadazan

Way of the Cross at SHC
The first Way of the Cross service will be held on Friday, February 12th, 2016 at 6.00pm (in BM, English, Chinese) at the Centenary Cross Monument. Thereafter, Way of the Cross will be held every Friday in the Cathedral during Lent at 6.00pm (English), 7.00pm (BM) and 8.00pm (Mandarin). There will be NO 1st Friday 7.30pm Mass in March.

Way of the Cross at CMI
This will be held on Friday, February 12th, 2016 at 7.00pm (in English / Chinese) at CMI, Bukit Padang.

Life Nights
Life Teen Sacred Heart Youth Ministry will resume on February 13th, 2016. All teens aged 13-18 years old are welcome to join us for our Life Nights, every Saturday, 8.00pm-10.00pm, Room F6, SHPC.

Rites of Election Archdiocesan Level
This will be held on Sunday, February 14th, 2016 at 3.00pm at the Cathedral. There are 1200 catechumens from all parishes under the Archdiocese of Kota Kinabalu who will gather for this Rites of Election, with 211 catechumens from our Parish. Let us pray for them.

Children Eucharistic Adoration
NO Children Eucharistic Adoration during Lent (Feb & Mar).

Lenten Penitential Service

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<tr>
<th>Date</th>
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<tr>
<td>16/2/16</td>
<td>St. Paul, Dontozidon</td>
<td>6.30pm</td>
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<td>17/2/16</td>
<td>Holy Family, Telipok</td>
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<td>18/2/16</td>
<td>St. Joseph, Kiliu</td>
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<td>23/2/16</td>
<td>Good Shepherd, Menggatal</td>
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<td>24/2/16</td>
<td>St. Aloysius, Limbanak</td>
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<td>St. Philip, Tamparuli</td>
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<td>Holy Rosary, Limbahau</td>
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<td>St. Michael, Penampang</td>
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<td>9/3/16</td>
<td>Holy Nativity, Terawii</td>
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<td>15/3/16</td>
<td>Sacred Heart Cathedral</td>
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Individual Confession
- St. Paul, Dontozidon
- Our Lady Queen of Peace, Kobusak
- Sacred Heart Cathedral (Senior Parishioners & Parents with Infants) 8.30am -10.00am

Lenten Appeal
You will find Lenten Appeal Envelopes at the Churches’ entrances from next weekend onwards for your use to offer to the poor and the needy in our Parish during this Lenten period. Please insert your envelope with donation into the donation window at the right side of the Cathedral or into the donation box at the SHC Parish Office during office hours.

Pre-Marriage Course (PMC)
February 18th - 19th, 2016 (Thu-Fri) B.M. (Regn deadline: 11/2/16) SHC Parish Office 5.45pm onwards
February 20th, 2016 (Sat) F7, SHC Parish Office 8.15am-4.30pm

Sacred Heart Parish Youth YoUnite
Inviting all parishioners to YoUnite! Come and join the youth of Sacred Heart on Sunday, February 28th, 2016, beginning with a Mass (Liturgy of 3rd Sunday of Lent), at 5.00pm at the SH Cathedral, followed by dinner, and a night to celebrate unity, oneness and God’s great mercy and love! Admission is FREE. For further information, please contact Aline (019-5341705) or Denis (016-843513).

RA YOUTH HOLY SPIRIT CAMP 2016 : “Open Arms”
Inviting all teens aged 13 – 19 to our annual camp which will be held from March 18th to 20th, 2016, at Pace Bene Retreat Centre, Purak, Papar. Forms can be obtained from the SHC Parish Office and Bookshop. Registration booths will be opened beginning next weekend, before and after Sunset Mass, and before English Sunday morning Mass. Registration is on a “First come, first serve” basis. For more information, please contact Aline (019-5341705) or Lenice (010-9444143).

Children’s Liturgy Camp 2016
The ministry of the Liturgy of the Word for Children will be holding its annual children’s camp at Bundu Tuhan from March 14th to 28th, 2016 (Mon- Wed) for children aged between 9-12 years old (born in the years 2004 to 2007). Registration at RM90.00 per person will be done as follows:
- When to register
  - March 7th (Mon) 6.30pm to 8.30pm
  - March 8th (Tue) 6.30pm to 8.30pm
  - March 9th (Wed) 6.30pm to 8.30pm

Venue / contact for registration
- SHC Parish Office 088-223618, 224741
- Outside Cathedral. Late registration will not be entertained. Deadline: 28/2/16 (sun). “First come, first served” basis.

For details, please call Anne 0168302886, Phylina Lee 014-6795833, Belle Hiew 016-8372751.

Sunday Donations (January 30th & 31st, 2016) (in RM)
- SHC Black Bag (19,221.65), Red Bag (13,522.35); CMI Black Bag (6,677.40), Red Bag (5,308.55).