Liturgy Of The Word

First Reading: Ezekiel 37:12-14
Responsorial Psalm: With the Lord there is mercy and fullness of redemption
Second Reading: Romans 8:8-11
Gospel: John 11:1-45

Next Week's Reading
Palm Sunday
Psalter Week II - Year C
1st Reading: Isaiah 50:4-7
Respons. Psalm 21:8-9, 17-20, 23-24
2nd Reading: Philippians 2:6-11

Blood Donation Campaign
SHC Charity Ministry will be co-organizing a blood donation drive on Sunday, March 20th, 2016 from 8.00am to 1.00pm in Room G1, SHPC. Staff from QEH Blood Bank will be on hand to assist in the donation effort.

Recyclable Items
Sales of recyclable items collected at the Parish Centre basement bins for Feb 2016 amounted to RM1,116.40.

SHC Environmental Education Fund
Thank you for your continuous support by sending recyclable items (old newspapers/magazines/cardboard,mixed paper) and the proceeds from the sale of the recyclable items collected at the SHPC basement 'Green Hut' will be utilized to help needy catholic students (kindergarten to secondary school). For those in need of financial assistance, kindly contact Catherine/Martina at 088-723973 for further details.

BOOKLETS from Catholic Truth Society

Road to Pentecost
Beginning on Easter Sunday and ending on the Vigil of Pentecost this prayer guide will lead you through a journey of 50 days of prayer and reflection, in preparation for the great feast of Pentecost – often an unappreciated feast. The first forty days reflect on scripture and the Catechism, drawing our lives into the history of salvation, from Ascension to Pentecost, is dedicated to helping Christians to be open to a personal Pentecost in their own lives. (RM18.00 per copy)

Thoughts for prayers SHALOM

In verse 35 of today’s Gospel we learn that Jesus wept. For this once let us say that Jesus cried. That Jesus “cried” might startle us and encourage us to look again at a very revealing happening in Jesus’ life. Jesus cried because Martha and Mary were very close to him and he felt sorry for them. To cry in such circumstances is natural and human. The words, however, used to describe Jesus’ reaction to the whole episode of Lazarus’ death and burial suggest more. They are very strong. Jesus seems to have been very upset.

Some commentators believe that Jesus was disappointed, frustrated and even angry that so many of the bystanders, including even his disciples and his close friends Martha and Mary were, as yet, unable to accompany him on a crucial journey of faith. They were still so wedded to the life of the body and to the life of the sensible world that they could not make their own the possibility of life in some way independent of bodily and worldly realities. It would take his own resurrection, his own conquest of death to convince at least some of those who were at the tomb of the reality of a life beyond the life we can see and hear and touch.

This day Jesus weeps for his dead friend Lazarus. He asks Martha, “If anyone believes in me, even though he dies, he will live. Whoever lives and believes in me will never die. Do you believe this?” After Martha’s yes, Jesus raised Lazarus, and we are witnesses. Paul adds, “If the Spirit who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your mortal bodies.” Resurrection is the key to our witness and our faith in Jesus.

Lord, I do believe. Help Thou my unbelief.
**Notices and Events Announcement**

**Lenten Penitential Service With Sacrament of Confession – 2016**

<table>
<thead>
<tr>
<th>Date</th>
<th>Church</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>14/3/16</td>
<td>St. Catherine, Inanam</td>
<td>6.30pm</td>
</tr>
<tr>
<td>15/3/16</td>
<td>Sacred Heart Cathedral</td>
<td>6.30pm</td>
</tr>
<tr>
<td>16/3/16</td>
<td>Sacred Heart Cathedral</td>
<td>6.30pm</td>
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</tbody>
</table>

Please note that PARKING at old St. Francis Convent Primary School will be opened on both nights of Penitential Service.

**Individual Confession**

<table>
<thead>
<tr>
<th>Date</th>
<th>Church</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>14/3/16</td>
<td>Sacred Heart Cathedral (Senior Parishioners &amp; Parents with Infants)</td>
<td>8.30am-10.00am</td>
</tr>
<tr>
<td>15/3/16</td>
<td>Sacred Heart Cathedral</td>
<td></td>
</tr>
<tr>
<td>16/3/16</td>
<td>Sacred Heart Cathedral</td>
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**Chirst Mass**

Christ Mass will be celebrated in the Cathedral on Thursday, March 17th, 2016. The mass will begin at 7.30pm.

**Palm Sunday (Passion Sunday)**

The procession will begin from the foyer of the Sacred Heart Parish Centre just before the Sunset Mass on Saturday, March 19th, 2016. Palm leaves will NOT be provided. Please bring your own. Both Rosary Prayers and Novena will start 15 minutes earlier, at 4.25pm.

**Holy Week & Triduum Services**

**Holy Thursday (March 24th, 2016)**

- **SHC**
  - 7.30pm English / B.M'sia
- **CMI**
  - 7.30pm Mandarin
- **St. Paul, Dootsodon (SPD)**
  - 7.30pm Kadazan
- **Queen of Peace, Kobusak (OLQP)**
  - 7.30pm Kadazan
- **Carmel**
  - 7.30pm English

**Good Friday (March 25th, 2016)**

- **SHC**
  - 3.00pm English
  - 6.00pm B.M'sia
- **CMI**
  - 3.00pm Mandarin
- **SPD and OLQP**
  - 3.00pm Kadazan
- **Carmel**
  - 3.00pm English

**Easter Vigil (March 26th, 2016)**

(Readings No. 1,3,5,8 and 9)

- **SHC**
  - 7.30pm English
- **CMI**
  - 7.30pm Mandarin
- **SPD and OLQP**
  - 7.30pm Kadazan
- **Carmel**
  - 7.30pm English

**Easter Sunday (March 27th, 2016)**

- **Sacred Heart Cathedral**
  - 7.00am Mandarin
  - Note: NO 9.00am English Mass
  - 10.30am Bah. Malaysia
- **CMI**
  - 9.00am English
- **SPD**
  - 8.30am Kadazan
- **OLQP**
  - 10.30am Kadazan
- **Carmel**
  - 7.00am English

**Sunday Donations (March 5th & 6th, 2016) (in RM)**

- **SHC Black Bag (20,110.60)**, **Red Bag (13,921.55)**
- **CMI Black Bag (6,356.00)**, **Red Bag (5,182.35)**

**Infant Baptism**

**Bahasa Malaysia**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>April 10th, 2016</td>
<td>3.00pm at Room F6, SHPC, Regn deadline is 7/4/2016 (Thu)</td>
</tr>
<tr>
<td>April 17th, 2016</td>
<td>3.00pm at SHC</td>
</tr>
</tbody>
</table>

Parents, please register your child at the SHC Parish Office during office hours. Bring along original and copies of your Church marriage certificate, child’s birth certificate and confirmation certificate of godparent. For information, please call 223618, 224741 & 262068.

**Pre-Marriage Course (PMC)**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 18th &amp; 19th, 2016 (Thu-Fri)</td>
<td>English (Walk-in registration) F7, SHPC @ 7.30pm-10.00pm</td>
</tr>
<tr>
<td>Contribution</td>
<td>RM30.00. Please call the SHC Parish Office for information at 223618, 224741 &amp; 262068.</td>
</tr>
</tbody>
</table>

**Quiet Adoration Before the Blessed Sacrament on Holy Thursday (March 24th, 2016)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00pm-9.30pm</td>
<td>Liturgical Committee (all groups and Ministries) &amp; Catechetical Committee (All groups / ministries)</td>
</tr>
<tr>
<td>9.30pm-10.00pm</td>
<td>Boys &amp; Girls Brigades, Filipino Community &amp; K3ika</td>
</tr>
<tr>
<td>10.00pm-10.30pm</td>
<td>Youth, CWL, Christian Family Life Ministry</td>
</tr>
<tr>
<td>10.30pm-11.00pm</td>
<td>Prayer Groups (all languages) &amp; Bible Apostolate</td>
</tr>
<tr>
<td>11.00pm-11.30pm</td>
<td>LJCCC, Legion of Mary &amp; Pastoral Care Ministry</td>
</tr>
<tr>
<td>11.30pm-12.00pm</td>
<td>PPC, Secular Franciscan Order &amp; Neo Catechumenate Community</td>
</tr>
</tbody>
</table>

Groups that are not listed above and parishioners are invited to join the Quiet Adoration (in the time slot of your choice).

**SHC Parish Family Carnival Children Activities**

In conjunction with the Sacred Heart Feast Day Parish Family Carnival on June 5th, 2016, there are colouring activity and children choir presentation during that day. The organizing committee is inviting children aged 4-12 to form their choir groups (group size of 12-30) to sing Christian songs (within 4 minutes) especially on the theme of Jubilee Year of Mercy. Token of appreciation will be given to all participants. Registration form can be obtained from the Sacred Heart Parish Office (Registration deadline: May 8th, 2016).

**HOLY WEEK & TRIDUUM SERVICES**

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  - 8.30am Kadazan
- **OLQP**
  - 10.30am Kadazan
- **Carmel**
  - 7.00am English

**Way of the Cross**

The combined Way of the Cross will be held on Friday, March 25th, 2016 at 7.00am at the Centenary Cross Monument.