The words of Lady Wisdom are some of the most beautiful in the Old Testament. She was God’s assistant, creating the world and all that is in it. Right from the beginning, she was at God’s side, rejoicing in the inhabited world and delighting in the human race. The Scriptures often associate the feminine with God. There is not a hint of negativity in this passage – God absolutely delights in the world and in people. We should remember these words when negativity threatens to overpower us or we have a dark view of the world. God delights in us; God absolutely for us, not against us – everything in life is intended for our good.

Even the suffering and struggle that we experience in this world God uses for our benefit – if we only allow him. God is absolutely for us, not against us – everything in life is intended for our good.

If that were not enough proof, we have the promise of Jesus that everything that he has from the Father he shares with us – if we are open and ready to receive it. The Spirit that he gives us will lead us into all truth. We are not alone, nor are we without what we need to navigate through this life with a fair degree of peace and happiness. To be a follower of Jesus – a true disciple – is to share in the Lord’s Spirit and wisdom. But it doesn’t happen unless we navigate through this life with a fair degree of peace and happiness. To be a follower of Jesus gives us will lead us into all truth. We are not alone, nor are we without what we need to navigate through this life with a fair degree of peace and happiness. To be a follower of Jesus – a true disciple – is to share in the Lord’s Spirit and wisdom. But it doesn’t happen unless we seek it and open ourselves to the gifts that God intends for us.

Lord, may I delight in Your spirit and wisdom.

For the fifth and last time, in the Upper Room, Jesus announces the coming of the Holy Spirit. It subtly reveals the Trinity. The Father has given the Son all his life and truth. Christ transmitted the divine reality. The Spirit lets us know and possess the fullness of truth and life. The very structure of the gospel is Trinitarian: it originates from the Father, is proclaimed and revealed by the Son, and is interpreted and realized by the Spirit through the centuries. Thus is God praised by the liturgical refrain: Glory to the Father, to the Son and to the Holy Spirit, to God who is, who was and who is interpreted and realized by the Church. Thus is God praised by the liturgical refrain: Glory to the Father, to the Son and to the Holy Spirit, to God who is, who was and who is to come.
**TRANSFER OF PRIESTS**

Rev. Abel Madisang, our Assistant Parish Priest will be transferred to the Parish of St. John, Tuaran with effect from June 1st, 2016 while, Rev. Maximilliano Benhor Hontor will be transferred to Sacred Heart Cathedral Parish. Let us pray for them in their new appointments.

**Kamatan Celebration**

This will be celebrated this Sunday, May 22nd, 2016 during the Mass in Bahasa Malaysia at 10.45am at the Cathedral. Thereafter, parishioners are invited for a fellowship lunch at the SHPC hall. All are welcome.

**May, Month of Mary**

The Mass for Closing of the month of Mary will be held at the Cathedral on Thursday, May 26th, 2016 at 7.30pm, with crowning of the statue of the Blessed Virgin Mary. Recitation of the Holy Rosary in 3 languages will begin earlier at 6.45pm at the Grotto.

**Cafe Night to Raise Fund for Lifeline Camp 2016**

Lifeline Ministry of Sacred Heart is organizing “Cafe Night” on May 21st, 2016, right after Sunset Mass, at the canteen. This is to raise funds for their annual camp which will be held from July 15th to 17th, 2016, in Pace Bene, Papar. Registration booth is held outside of the church and youths at the age of 19 years old & above are welcome to register. Contact for more information: Louisa 010-9306711, Eldridge 016-8180580, Denis 016-8435133.

**Adventures in Matthew: The King & His Kingdom**

The 3rd part of the 8-sessions (sessions 17-24) study will begin from May 24th, 2016, every Tuesday, for 8 consecutive weeks, at 7.45p.m., SHPC, Room F6. The programme includes personal learning, small-group discussion and video presentations. Please register with James: 0198512095; Monica: 0128432547; Dorothy: 0168803828; SHC Parish Office: 224741, 223618. Contribution: RM 30.00 (Registration plus Student Pack). All are welcome.

**CAPTAIN JESUS” Children Holy Spirit Camp**

This camp will be held from June 7th (Starting at 8.00am) to June 9th, 2016 at the SHPC, Room F2 & F7. A Spirit and Fun filled holiday camp for Children of Year 2-6 (Primary Students) organized by the RA Children Ministry of LJCCC. Forms can be obtained from the SHC Parish Office. Camp counter at the SHPC foyer will be opened on the following Sundays, 22nd & 29th, 2016. Contribution: RM50.00. Contact: Christine 013-8600775, Margaret 012-8244888.

**Blood Donation Campaign**

SHC Charity Ministry will be co-organizing a blood donation drive on Sunday, June 19th, 2016 from 8.00am to 1.00pm in Room G1, SHPC. Staff from QEH Blood Bank will be on hand to assist in the donation effort.

**English Prayer Meeting**

There will be NO English Prayer Meeting on Fridays, May 27th, 2016 (Harvest Festival celebration) and June 3rd, 2016 (in support of Parish Feast Day). Prayer meeting will resume on June 10th, 2016.

**GIVING is LOVE in ACTION**

In Conjunction with our Sacred Heart Feast in this Special Jubilee Year of Mercy, we would like to invite all parishioners, to exercise your generosity in ways that you can. Some leaflets of areas of needs will be distributed during Taman Masses. Take them and see which areas you are called to help. We will collect your donations on June 5th, 2016 during the Family Carnival time. God bless.

**Pre-Marriage Course (PMC)**

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<tr>
<th>Date</th>
<th>Time/Room</th>
<th>Description/Location</th>
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<tbody>
<tr>
<td>June 9th</td>
<td>(Thu-Fri)</td>
<td>B.M. (Regn. deadline: 2/6/16)</td>
</tr>
<tr>
<td>June 11th</td>
<td>(Sat)</td>
<td>English (Walk-in registration)</td>
</tr>
<tr>
<td>July 18th</td>
<td>(Mon-Wed)</td>
<td>F7, SHPC @ 7.30pm-10.00pm</td>
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Please call the SHC Parish Office for information at 223618, 224741 & 262068.

**Infant Baptism**

<table>
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<tr>
<th>Date</th>
<th>Time/Room</th>
<th>Description/Location</th>
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<tbody>
<tr>
<td>June 12th</td>
<td>Briefing @ 3.00pm at SHC</td>
<td>Regn deadline is 9/6/2016 (Thu)</td>
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<tr>
<td>June 13th</td>
<td>Baptism @ 3.00pm at SHC</td>
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**Vacancy: Chinese Teacher**

School: /SRS Datuk Simon Fung
Minimum Qualification: SPM with Chinese Language. Teaching Chinese language for Primary 1 to 6. Interested candidate please email resume to srsdatuksimonfung@gmail.com or contact Tel. No. 431680 for walk-in interview.

**Lost & Found Items**

Parishioners may claim their items (e.g. Bibles, Missals, books, spectacles, rosaries etc.) from the SHC Parish Office (Tel. nos. 223618, 224741, 262068) during office hours. Please note that the unclaimed items will be disposed after 3 months.

**Parish Family Carnival Food Stalls June 5th, 2016**

All those who have registered for the above food stall sale are requested to attend a briefing and stall allocation on Thursday, May 26th, 2016 at 8.30pm at Room B2 (basement of SHPC).

**Begin the Greatest Adventure! - Introducing the New Alpha Film Series!**

COME & JOIN us! for the New Alpha Film Series – an updated, relevant and engaging resources designed to take the audience on an epic journey exploring the “Questions of life.” Starting from June 20th, 2016, every Monday night (11 weeks) plus 1 Weekend Away. Venue: SHPC, Room F7 at 7.45 pm and dinner at 7.00 pm at Canteen area. For information please contact: Michelle 016-8202840. All Are Welcome. Free Admissions!

**Registration of Qualified Contractors**

SHC Tender Committee would like to invite qualified contractors to register with Sacred Heart office for “Water supply works for realignment of MSCL pipes (About 500ft) for the cathedral”. Interested contractors can provide company profile and contact details to SHC Parish Office (Tel. nos. 223618, 224741, 262068) by May 21st, 2016.

**Hospital Chaplains**


**Catholic Family Life Service Centre**

Call 0138612088 for a counselling appointment.

**Sunday Donations (May 14th & 15th, 2016) (in RM)**

- SHC Black Bag (16,331.80), Red Bag (12,207.20); CMI Black Bag (6,098.45), Red Bag (5,003.05).